

BLOOD PRESSURE RECORD CHART

NAME..... PAGE #

DATE		AM											PM												
		12	1	2	3	4	5	6	7	8	9	10	11	12	1	2	3	4	5	6	7	8	9	10	11
	S																								
	D																								
	P																								
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NOTE Symbol S stands for the higher value (Systolic) and D is for the lower value (Diastolic). P is for pulse rate. www.users.tpg.com.au/pschamb